

TEMPLETON RUN CLUB WAIVER

For your own safety, we urge you not to participate in our running activities unless you are sufficiently physically fit and not under the influence of any drugs, alcohol or medications that could affect your health.

You must agree to the following conditions before participating in today's run or any further runs sponsored by Templeton Run Club and you understand and agree that the following waiver and release is controlling for all purposes whenever you participate in Templeton Run Club activities.

By signing below, I acknowledge and agree that running and participation in sports activities involve risks of bodily injury, property damage and other dangers associated with participation in such activities. Dangers include but are not limited to: strains, cuts, bruises, broken bones, concussions, and heart attacks. I understand that participation in today's run and any further activities of Templeton Run Club is strictly voluntary. I agree to abide by any decision of the running club organizers relative to my ability to safely complete any activities of Templeton Run Club, including a run. I also agree to run in the safest manner as possible, obeying all traffic laws as they pertain to pedestrians and runners. I assume all risks associated with participating in Templeton Run Club activities including but not limited to: falls, contact with other participants, the effects of the weather, traffic and road conditions. All such conditions being known and appreciated by me.

I understand and agree that I am solely responsible for any injuries that I may suffer while participating in Templeton Run Club activities. I recognize that Templeton Run Club activities have a certain degree of risk, and I knowingly and voluntarily assume the risk of any injuries, regardless of severity, including death, and all risk of damage to or loss of property that I may incur, even if arising from the negligence of Templeton Run Club, while I am participating in Templeton Run Club activities. In consideration of the opportunity to participate in Templeton Run Club activities, I, on behalf of myself, my agents, spouse, family members, heirs and next of kin, hereby agree to release, identify, and hold harmless Templeton Run Club and their employees, agents, members, volunteers, vendors and representatives (herein referred to individually and collectively as "Templeton Run Club") from any responsibility or liability for personal injury, including death and damage to or loss of property, whether or not arising from the negligence of Templeton Run Club, that I may incur while I am traveling to or from, participating in runs, or running related events, or being triaged by volunteers. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed to be used in club organized activities and I agree to abide by this rule. Having read this waiver and knowing these facts and in consideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release Templeton Run Club and the Road Runners Club of America, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation with the club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record for any legitimate promotional purposes for the club.

In addition, I understand that Templeton Run Club does not provide medical insurance coverage and that I, as a participant in Templeton Run Club, must provide personal medical insurance. In the case of injury or medical emergency and in the event that I or my spouse, parent or guardian, cannot respond at the time of the emergency, Templeton Run Club has permission to seek administer, or have administered whatever first aid or emergency medical care deemed necessary for my welfare. I understand and agree that I, and not Templeton Run Club, shall be responsible for any and all charges for such healthcare services regardless of whether my medical insurance would cover such charges.

Member Code of Conduct:

- Always show respect your fellow club members at all times;
- Always show respect and appreciation for the volunteers who give their time to help the club and/or event(s);
- Never yell, taunt, or threaten physical violence upon another member of the club, a volunteer or event spectator (Members with a criminal history of violence or with a legal restraining order against them by another member may be barred from membership and participation in all club activities);
- Never use abusive or vulgar language, or make racial, ethnic or gender-related slurs or derogatory comments at club events;
- Never make unwanted sexual or physical contact with other members (Members found to be listed on a sex offender registry, convicted of a sex crime, or caught having, creating, or distributing child pornography will be immediately barred from membership and all participation in club activities.);
- Always abide by race rules and engage in fair competition, which includes anti-doping compliance, no course cutting, or other means of gaining a competitive advantage that is considered cheating when participating in club races or other races where you may represent the club by wearing a club-branded singlet, shirt, uniform, etc.
- Always report violations of the Member Code of Conduct policy to the club leaders in writing.

I agree to the above conditions as a prerequisite to participating in the running activities of the Templeton Run Club.

Your Name (printed):
Signature:
Date:
Email:
Mailing Address:
Cell Phone Number:
Emergency Contact Name:
Emergency Contact Phone Number: